

**INDIVIDUAL RELEASE OF LIABILITY
HOLD HARMLESS AGREEMENT**

I, the undersigned, acting in my own capacity on behalf of myself, my heirs and estate, in consideration of receiving permission from the Adjutant General, Kentucky National Guard, to participate in the activities stated below, do hereby release the United States of America, Department of Defense, Commonwealth of Kentucky, Department of Military Affairs, Kentucky National Guard and the Adjutant General, and their officers, agents, and employees of and from any liability, claims, court actions or causes of action for personal injuries (including death) and or property damage which I may suffer while participating in said activities, or during my transportation to and from the site. This release from liability covers any injury or damage from my visit to the facility to specifically include, but not be limited to, utilization of the facility.

I further agree to hold harmless and indemnify the same entities and individuals mentioned herinabove, from any liability, claims, court actions, or causes of action for any damage or injury I might suffer or cause to the person or property of other persons while participating in the said activities.

I make this Release of Liability, Hold Harmless Waiver Agreement voluntarily and realizing the consequences of said waiver and such release. Further, I certify that I am over twenty-one (21) years of age and I am not acting under any duress, fraud, undue influence or type of mental disability.

ACTIVITY: Physical Fitness Center Utilization

LOCATION: Bluegrass Station, Building 43

Signed and executed at Lexington, Kentucky, this _____ day of

_____, 2_____:

(Signature)

(Witness Signature)

(Print Name)

(Print Name)

(Building # / Employer's Name)

(Building # / Employer's Name)

(Work Phone Number)

(Work Phone Number)